



HANOVER TOWNSHIP CAFE ON WHEELS HOME DELIVERED MEALS PROGRAM

Hanover Township Senior Center

The Hanover Township Senior Center was dedicated on April 2, 2005. It is a visible symbol of the support that the Hanover Township community has for older adults. Aging Services programs were initially held in the farmhouse portion of the Town Hall, which they outgrew. A senior tax referendum, "Support Our Seniors," was passed in November 2002 thanks to our older adult residents whose dedication and hard work incited its passage. The referendum allowed for the construction and maintenance of a new Senior Center. The Center benefits adults, age 55 and over, and their families who live in Hanover Township.

Nutrition Services

Hanover Township prides itself on innovative programs and services. In 2014 the Township began the Nutrition Services program with support of a grant from AgeOptions, the Area Agency on Aging for Hanover Township. The program offers daily meal choices offered at the Senior Center. With freshly prepared food in-house, the program thrived. Today, the café serves over 70 people daily in the Stars-N'-Stripes Café. In 2015, the Township was awarded funding from AgeOptions for the Home Delivered Meals Program. The program provides residents that are unable to come to the Senior Center for meals the option to have a nutritious meal delivered to their home with the same variety and options offered in the café.

The majority of those who receive meal services are over 80 years of age. Volunteers who deliver meals also provide much-needed daily contact and a friendly face and check in for older adults who are isolated. Clients are generally referred to our service through our Case Coordination Unit, Catholic Charities Northwest, or their own Managed Care Organization. Clients who inquire through Hanover Township Aging Services are connected for an initial assessment with Catholic Charities Northwest who assesses eligibility for the program. The actual cost of a meal is over \$8.00; clients are asked to donate \$4.00 per meal. The program is funded through the Older Americans Act by way of grant through AgeOptions, the Hanover Township Mental Health Board, and client contributions.

Program Overview

- Over 30 Home Delivered Volunteer Drivers deliver meals Monday through Friday.
- The service is more than a meal, it is a daily in-person wellness check and chance for socialization.
- Participants must be home between 10:00am and 12:00pm daily for meal delivery.
- If a client requires a special diet such as renal, vegetarian, etc., we work with Mom's Meals. They deliver 14 refrigerated meals bi-weekly to the client.

If you would like any additional information on the program please contact Hanover Township Aging Services at (630) 483-5600 or email me at jaman@hanover-township.org.

Thank you,
Jane Aman
Nutrition Manager of Aging Services