



Press Release

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FOR IMMEDIATE RELEASE

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Hanover Township to offer free Heart Health Screenings

In honor of American Heart Month, the Hanover Township Office of Community Health is hosting free blood pressure screenings, stroke risk assessments, and body composition analyses on Saturday, February 28 at the Hanover Township Senior Center, 240 S. IL Route 59, Bartlett, from 9 a.m. to 12 p.m. Registration is not required. Heart Health screenings are co-sponsored by State Senator Cristina Castro and Ascension Illinois.

“Heart disease remains the leading cause of death and disability in the United States,” said Kristen Smith, Hanover Township Director of Community Health. “Even if you don’t have a family history of heart disease, we still encourage you to get screened.”

Attendees will also receive information and have the opportunity to talk with nurses about diet and nutritional education.

“Improving access to screenings and information regarding heart health is a top priority and creates concrete steps toward a healthier community,” Castro said.

For more information on heart health screenings or Township health services, please call (630) 483-5665 or email health@hanover-township.org.

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