

# ARTHRITIS OF THE HAND



PRESENTED BY  
Dr. Minhas, MD, FAAOS



**Tuesday, June 30**  
11AM - 12PM



**Hanover Township Senior Center**  
240 IL Route 59, Bartlett

Come in for a free informational presentation on hand and wrist arthritis presented by Dr. Shobhit Minhas a fellowship trained, board-certified orthopedic hand and upper extremity surgeon. He will share important insights and answer questions about the causes of hand and wrist arthritis, treatment options, and ways to reduce pain and improve function. *This is not a medical appointment* but is designed to help better understand hand and wrist arthritis and how to safely maintain an active and healthy lifestyle.

To register, please call (630) 483-5665  
or email [health@hanover-township.org](mailto:health@hanover-township.org).



[www.hanover-township.org](http://www.hanover-township.org)

