

Stars-N-Stripes Cafe
Home Delivered Meals

AUGUST 31 - SEPTEMBER 4, 2026

$4 for 60+, $6 for younger

Name: _____

Monday

- Shredded BBQ Chicken
- Crispy Chicken Wrap ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Burger
- Hot Dog ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Salisbury Steak
- Chicken & Broccoli ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Sausage Sandwich
- Chicken Cordon Bleu ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Pizza
- Tilapia ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

✳ **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103

AGEOPTIONS **Funding provided in whole or in part by AgeOptions**



Stars-N-Stripes Cafe
Home Delivered Meals

SEPTEMBER 7 - 11, 2026

$4 for 60+, $6 for younger

Name: _____

Monday - CLOSED

HAPPY LABOR DAY

Would you like a cold Lunch Box delivered for Friday, September 4

Yes _____ No _____

Tuesday

- Pulled Pork
- General Tso's Chicken ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Reuben
- Mushroom Chicken ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Caprese Sandwich (vegetarian)
- Chicken Salad on a Croissant ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Swedish Meatballs
- Tuna Melt ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

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Stars-N-Stripes Cafe
Home Delivered Meals

SEPTEMBER 14 - 18, 2026

$4 for 60+, $6 for younger

Name: _____

Monday - Meatless Monday

- Chili Mac
- Chicken Pita*
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Pork Roast
- Chicken & Broccoli *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Jambalaya
- Chicken Parmesan *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Beef Tips
- Ham Steak with Pineapple *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Bratwurst
- Salmon*
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

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Stars-N-Stripes Cafe
Home Delivered Meals

SEPTEMBER 21 - 25, 2026

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Name: _____

Monday

- Cabbage Roll
- Sweet & Sour Chicken ✳
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Meatloaf
- Chicken Sandwich with Bacon & Cheese ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Spaghetti & Meatballs
- Monte Cristo ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Patty Melt
- Italian Chicken Wrap ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Ribs
- Deli Sandwich ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

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Stars-N-Stripes Cafe
Home Delivered Meals

SEPTEMBER 28 - OCTOBER 2, 2026

$4 for 60+, $6 for younger

Name: _____

Monday

- Gnocchi with Chicken
- Beef Burrito ✳
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Sausage, Peppers & Potatoes
- Hot Turkey ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Polish Sausage & Pierogi
- Chicken Bruschetta Wrap ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Lasagna
- Chicken Lasagna ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Rigatoni with Spinach & Sausage
- Chicken Parmesan ✳
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

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