



Media Release

250 S. IL Route 59 Bartlett, IL 60103
(630) 837-0301 Office | (630) 837-9064 Fax
www.hanover-township.org

FOR IMMEDIATE RELEASE

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For information contact:

Tom Kuttnerberg, (630) 837-0301
tkuttnerberg@hanover-township.org

Hanover Township to host 19th annual community health and wellness expo

Hanover Township, Victory Centre of Bartlett, and Cook County Commissioner Kevin Morrison will host the 19th annual “Just for the Health of It” community health and wellness expo on Thursday, September 10, from 11:00 a.m. – 3:00 p.m., at the Hanover Township William Tiknis Campus at 240 S. IL Route 59, Bartlett. Free and open to the public, residents can take advantage of complimentary health screenings for blood pressure, hearing, cholesterol, and glucose.

“There is truly something for everyone at the health expo,” said Brian P. McGuire, Hanover Township Supervisor. “Whether it’s learning more about the Township’s community health services in and out of the home, or connecting with resources from our local partners, I encourage all residents to stop by the event.”

Over the years, hundreds of residents have attended the expo to take advantage of the free health screenings and receive other important information on their overall wellness.

“At the Victory Centre of Bartlett, we believe compassion creates community. We are proud to continue to co-sponsor an event that gives so much back to the community,” said Kim Arnieri, Director of Community Relations at Victory Centre. “Aside from the free health screenings, engaging with local resources is key to understanding what is available to you as you age.”

In addition to the free health screenings, attendees will also be able to participate in raffles, chair massages, and giveaways. Back again this year will be a kid’s zone featuring a petting zoo and bouncy castle.

“One of the most important things we can do for ourselves, and our families, is to take a proactive approach to our physical and mental well-being,” said Commissioner Kevin Morrison. “Just for the Health of It is an incredible opportunity for everyone in Hanover Township to take advantage of free health screenings, learn about resources in our area, and be inspired to adopt healthy habits to practice all year. I’m proud to be a co-sponsor again.”

For questions about the event, or to volunteer, please contact the Hanover Township Office of Community Health at (630) 483-5665 or visit the event website at www.just4thehealthofit.org.

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