



Stars-N-Stripes Cafe

AUGUST 31 - SEPTEMBER 4, 2026

\$5 for 60+, \$10 for younger

11 AM – 1 PM



Monday

- Shredded BBQ Chicken
- Crispy Chicken Wrap *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Burger
- Hot Dog *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Salisbury Steak
- Chicken & Broccoli *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Sausage Sandwich
- Chicken Cordon Bleu *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Pizza
- Tilapia *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

* **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions



Stars-N-Stripes Cafe

SEPTEMBER 7 - 11, 2026

\$5 for 60+, \$10 for younger

11 AM - 1 PM



Monday - CLOSED



Tuesday

- Pulled Pork
- General Tso's Chicken *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Reuben
- Mushroom Chicken *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Caprese Sandwich (vegetarian)
- Chicken Salad on a Croissant *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Swedish Meatballs
- Tuna Melt *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

* **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions



Stars-N-Stripes Cafe

SEPTEMBER 14 - 18, 2026

\$5 for 60+, \$10 for younger

11 AM - 1 PM



Monday - Meatless Monday

- Chili Mac
- Chicken Pita*
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Tuesday

- Pork Roast - **DINE IN ONLY**
- Chicken & Broccoli *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Jambalaya
- Chicken Parmesan *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Beef Tips
- Ham Steak with Pineapple *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Bratwurst
- Salmon*
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

* **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions



Stars-N-Stripes Cafe

SEPTEMBER 21 - 25, 2026

\$5 for 60+, \$10 for younger

11 AM - 1 PM



Monday

- Cabbage Roll
- Sweet & Sour Chicken *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Meatloaf
- Chicken Sandwich with Bacon & Cheese *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Wednesday

- Spaghetti & Meatballs
- Monte Cristo *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Thursday

- Patty Melt
- Italian Chicken Wrap *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Friday

- Ribs **DINE-IN ONLY**
- Deli Sandwich *
- Mixed Green Salad with Protein and Roll

Served with Seasonal Fruit and Vegetables

Menu items subject to change

* **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions



Stars-N-Stripes Cafe

SEPTEMBER 28 - OCTOBER 2, 2026

\$5 for 60+, \$10 for younger

11 AM - 1 PM



Monday

- Gnocchi with Chicken
- Beef Burrito *
- Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Tuesday

- Sausage, Peppers & Potatoes
 - Hot Turkey *
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Wednesday

- Polish Sausage & Pierogi
 - Chicken Bruschetta Wrap *
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Thursday

- Lasagna
 - Chicken Lasagna *
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Friday

- Rigatoni with Spinach & Sausage
 - Chicken Parmesan *
 - Mixed Green Salad with Protein and Roll
- Served with Seasonal Fruit and Vegetables

Menu items subject to change

* **Diabetic Friendly | Customize by substituting carbs with a side salad.**

HANOVER TOWNSHIP AGING SERVICES (630) 483-5600 240 S. IL ROUTE 59 BARTLETT, IL 60103



Funding provided in whole or in part by AgeOptions